

## OLD FLETTON PRIMARY SCHOOL

Weekly Update - Monday 22nd April 2024

#### An AMAZING Achievement

On April 6th, Sean from Year 5 participated in the Aquila Open 2024 Taekwondo Competition at East London University. Sean stood out from the other competitors and won the competition in his weight class. He has since been invited to train with the National Taekwondo Team in Manchester - well done Sean, you have definitely **'Embraced a Challenge'** and we are delighted to **'Celebrate your Success'**.

#### **Young Carers**

At Old Fletton Primary School we are aware that some of our pupils are young carers. A young carer is someone under 18 who is caring unpaid for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. They often take on practical and/or emotional caring responsibilities that would normally be expected of an adult.

We know that young carers may need a little extra support to enjoy and do well at school. At Old Fletton Primary School we are committed to ensuring that all pupils who are young carers are identified and supported effectively. Miss Fletcher is the newly appointed Young Carer Champion and she will be working closely with Centre 33 and school to provide our young carers with a new club that will meet once a term to offer support, connection and fun activities!

If you think your child might be a young carer, or could be affected by any of the issues we've highlighted, please let us know by emailing Miss Fletcher via the office email: office@oldfletton.peterborough.sch.uk . Please also see the poster below.

#### **Excellent Work!**

Congratulations to two Year 6 pupils, Hana and Natalia, for creating an outstanding piece of work during Science Week - a picture of it is below.

#### **Request for Spare Clothing for Nursery**

We would be grateful for any donations of spare leggings / jogging bottoms / socks / pants - age 3-4 / 4-5 for boys and girls for the Nursery to use as spare clothes (they do not require any tops). Many thanks.

#### **Diary Dates**

Week Commencing 22nd April Parent-Teacher Consultations

Week Commencing 13th May Year 6 SATs

Thursday 16th May Census Day lunch

Wednesday 22nd May Reception Camping Event

Thursday 23rd May Nursery stay and play

#### \*\* SAVE THE DATE \*\*

We will be holding our Summer Fayre on Saturday 22nd June, with lots of fun and games so please keep the date free and save your small change as it will be a cash-only event.

Attendance (15th - 19th April)			
RSK	78.3%	3EB	89.6%
RMH	91.0%	4TD	94.3%
1NG	95.3%	4HT	91.3%
1JR	94.7%	5SS	89.7%
2CF	88.9%	5FS	90.7%
2AM	91.8%	6SM	96.7%
3RP	94.0%	6JP	90.0%

# Does your young person help to look after someone in your family?

It might be someone who has a disability or is not well either physically or mentally.

Or maybe they misuse drugs or alcohol.

### We support young carers in our school... would you like to know more?

Young carers are children and young people under the age of 18 who help to look after a family member who is disabled, physically or mentally ill, or has a substance misuse problem.

A young person may be a young carer for a number of different reasons and who they care for and the support they provide is unique to their family situation. Care may be given to mum or dad, brother or sister, or even a grandparent and could include practical and physical support. This could be things like helping around the house, helping prepare dinner, helping someone get out of bed in the morning or helping to look after a sibling. Young carers may also help to provide emotional support to a family member, for example, talking things through, listening or helping a family member feel calm and safe.

We know that children and young people are often very proud of being a young carer; they learn new skills, gain independence and feel close to their family. We also know that young carers face some challenges. Young carers tell us they don't always have time to themselves or can't always go out as a family together. We know sometimes young carers worry about the family member they care for when they are in school. Young carers tell us that it can be helpful to have extra support in school and that it can make a real difference if somebody in school understands their caring role.

We celebrate and support young carers at our school. If you would like to have a chat or find out more about the support available at school for young carers please come and talk to us.

Miss Fletcher

#### Designated Young Carers Staff Member:



We work alongside Centre 33 Young Carers Project who provide a range of help and support to young carers across Cambridgeshire and Peterborough. You can find out more about Centre 33 by speaking to the young carers champion in our school or looking on the Centre 33 website: www.centre33.org.uk



