

Jigsaw Jenie's Journey

Changing Me

hand

How do we
change as we
grow?

healthy

I will learn about...

- The different names for parts of my body
- Respecting my body
- Healthier food choices
- Changes I might face such as moving class
- How I change as I get older
- How to talk about my worries/fears
- How to talk about the things I am looking forward to



child

ear

chest

head

eye

foot

What can you see?

arm

nose

leg



Jigsaw Jenie's Journey

How will we
change as we
grow up?

What does
each body part do?
Why is it
important?

Our Class Thinking Pad

What have I learnt in this puzzle that helps me to understand how
we change as we grow?

Can you describe
something you could
do to be healthy and
happy?

Changing Me

