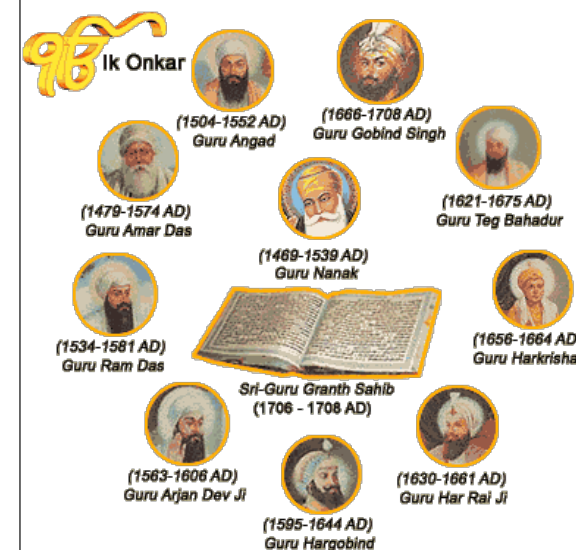


Year 4 Block 1 RE Knowledge Organiser - What is it like to be a Sikh in Peterborough?

Vocabulary

1. Sikhism	A religion which began in India in around 1500CE which teaches that all are equal.
2. Guru Granth Sahib Ji	The Sikh holy scripture - treated as if it were a living Guru.
3. Mool Mantar	The first words in Guru Granth Sahib Ji - they explain Sikh beliefs about God.
4. Guru	A religious leader and teacher. There are 10 human Gurus in Sikhism.
5. Gurdwara	A Sikh place of worship.
6. Golden Temple	A gurdwara in India, which is the most spiritual place for Sikhs.
7. Scripture	Sacred (holy) writing.
8. Sewa	Selfless service - Sikhs believe you should help others.
9. Langar	The community kitchen found in gurdwaras, where anyone can get a free meal.

The 11 Sikh Gurus



Did you know that there are three gurdwaras in Peterborough?

The Mool Mantar

*There is only One God
His Name is Truth
The Creator
Without Fear
Without Hatred
Timeless
Unborn and self-existent
Known by the grace of
the Guru*

Gurdwara - Sikh place of worship



The Five Ks

- All men and women who belong to the Khalsa must wear 5 symbols to show that they are Sikh.
- They are called the Five Ks because, in Punjabi, their names all begin with the letter 'K'.

The Kirpan

- The kirpan is a sword.
- Sikhs carry it to remind them to defend their rights.



The Kacherra

- Kacherra are shorts.
- Sikhs wear them under their clothes.



The Kara

- Kara means bangle.
- Sikhs believe it represents God - never ending or beginning.



The Kesh

- Kesh means hair.
- Sikhs make a promise not to cut their hair.



The Kangha

- Kangha means comb.
- Sikhs use it to keep their hair in place.

